

The Top 10 things that you could do with More Time!

1

Eat dinner as a family

2

Read a bedtime story

3

Watch a movie

4

Take an evening walk or bike ride

5

Go out for ice cream

6

Have a conversation with your child

7

Play a board game

8

Do the grocery shopping

9

Throw the ball around in the yard

10

Catch-up on organizing files or the house